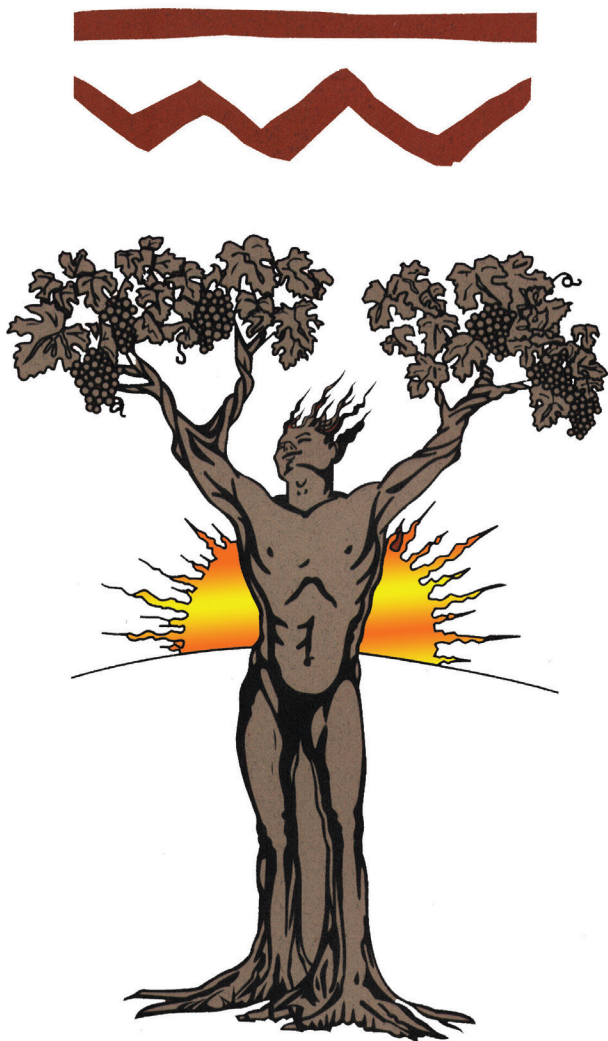


Simply Wholesome®

Health Food Store & Restaurant



BEVERAGES

THIRST QUENCHERS

All drinks are made with honey (agave upon request) & Ice.

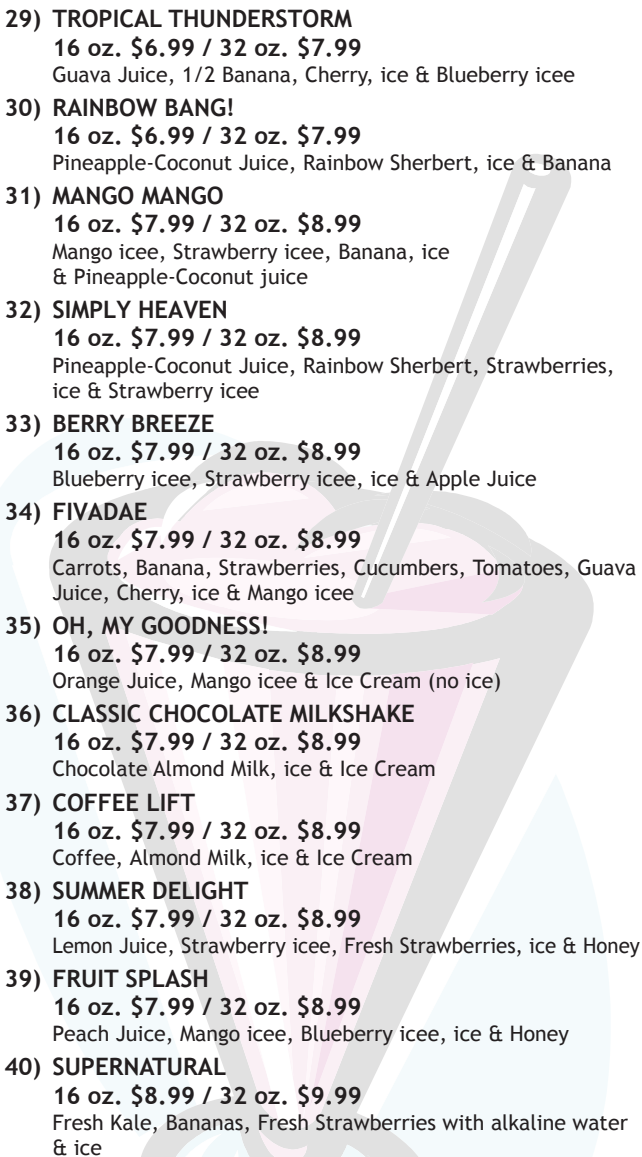
Almond Milk may be substituted for Juice. Agave may be substituted for Honey. Extra Charge for Large Drinks split in 2 cups \$3. Non-Dairy Frozen Ice Cream (additional \$1.95).

Protein Powder or Lecithin Added Upon Request.


PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

- 1) **AM LOS ANGELES***
16 oz. \$6.99 / 32 oz. \$7.99
Orange Juice, Banana, ice & Egg
- 2) **GUAVA EXPLOSION**
16 oz. \$6.99 / 32 oz. \$7.99
Guava Juice, Pineapple-Coconut Juice, ice & Strawberries
- 3) **QUICK BRUNCH**
16 oz. \$6.99 / 32 oz. \$7.99
Orange Juice, ice & Fresh Strawberries
- 4) **PAPAYA ENERGIZER**
16 oz. \$6.99 / 32 oz. \$7.99
Papaya Juice, ice & Fresh Strawberries
- 5) **TROPICAL BANANA FREEZE**
16 oz. \$6.99 / 32 oz. \$7.99
Pineapple-Coconut Juice, ice & 2 Bananas
- 6) **TRIPLE FRUIT DELIGHT**
16 oz. \$6.99 / 32 oz. \$7.99
Papaya Juice, 1/2 Banana, ice & Fresh Strawberries
- 7) **APPLE BANANA FRUIT SLUSH**
16 oz. \$6.99 / 32 oz. \$7.99
Apple Juice, ice & Banana
- 8) **APPLE STRAWBERRY SLUSH**
16 oz. \$6.99 / 32 oz. \$7.99
Apple Juice, Strawberries, ice & Strawberry icee
- 9) **CARIBBEAN SUNSHINE**
16 oz. \$6.99 / 32 oz. \$7.99
Peach & Pineapple-Coconut juice, Banana, ice & Strawberry icee
- 10) **THIRSTIER QUENCHER**
16 oz. \$6.99 / 32 oz. \$7.99
Guava Juice, Fresh Strawberries, ice & Strawberry icee
- 11) **BERRY SURPRISE**
16 oz. \$7.99 / 32 oz. \$8.99
Boysenberry Juice, 1/2 Scoop of ice cream, ice & Blueberry icee
- 12) **COCONUT CRUNCH**
16 oz. \$6.99 / 32 oz. \$7.99
Pineapple-coconut juice, ice & Cherry icee
- 13) **PEACHEE DELIGHT**
16 oz. \$6.99 / 32 oz. \$7.99
Peach Juice, ice & Cherry icee
- 14) **ARNOLD SCWARTZENBERRY***
16 oz. \$7.99 / 32 oz. \$8.99
Boysenberry Juice, Banana, Ice cream, ice & 2 Eggs

- 15) HERCULES***
16 oz. \$7.99 / 32 oz. \$8.99
Guava Juice, 2 Bananas, Ice cream, ice & 2 Eggs
- 16) HIGH PROTEIN***
16 oz. \$7.99 / 32 oz. \$8.99
Pineapple-Coconut Juice, Banana, Ice cream, ice & Egg
- 17) PEACH PAZAZZ**
16 oz. \$7.99 / 32 oz. \$8.99
Peach Juice, Banana, ice & Ice Cream
- 18) SUNSHINE***
16 oz. \$7.99 / 32 oz. \$8.99
Papaya & Orange Juice, Banana, Strawberries, Ice Cream, ice & Egg
- 19) SUPER WEIGHT GAIN**
16 oz. \$7.99 / 32 oz. \$8.99
Papaya Juice, Banana and/or Strawberries, Ice cream & Peanut Butter/\$0.59 for both Banana, ice & Strawberries
- 20) TROPICAL BANANA WHIP**
16 oz. \$7.99 / 32 oz. \$8.99
Pineapple-Coconut Juice, Banana, ice & Ice Cream
- 21) CARIBBEAN DELIGHT**
16 oz. \$7.99 / 32 oz. \$8.99
Pineapple-Coconut, Apple Juice, ice & 2 Scoops of Ice Cream
- 22) BOYZ N BERRY**
16 oz. \$7.99 / 32 oz. \$8.99
Boysenberry Juice, Fresh Strawberries, ice & Ice Cream
- 23) B-HOLD**
16 oz. \$7.99 / 32 oz. \$8.99
Almond Milk, Banana, ice & Peanut Butter
- 24) TRINIDADIAN PEANUT PUNCH**
16 oz. \$7.99 / 32 oz. \$8.99
Almond Milk, Peanut Butter, ice & Ice Cream
- 25) TROPICAL MILK SHAKE**
16 oz. \$7.99 / 32 oz. \$8.99
Pineapple-Coconut Juice, ice & Extra Ice Cream
- 26) PEACHES & CREAM**
16 oz. \$7.99 / 32 oz. \$8.99
Peach Juice, ice & Ice Cream
- 27) PEACHES & BERRY**
16 oz. \$7.99 / 32 oz. \$8.99
Peach Juice, Fresh Strawberries, ice & Ice Cream
- 28) KWESI'S SPECIAL**
16 oz. \$7.99 / 32 oz. \$8.99
Pineapple-Coconut Juice, Banana, Strawberry Icee, ice & Ice Cream

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- 29) TROPICAL THUNDERSTORM**
16 oz. \$6.99 / 32 oz. \$7.99
Guava Juice, 1/2 Banana, Cherry, ice & Blueberry icee
- 30) RAINBOW BANG!**
16 oz. \$6.99 / 32 oz. \$7.99
Pineapple-Coconut Juice, Rainbow Sherbert, ice & Banana
- 31) MANGO MANGO**
16 oz. \$7.99 / 32 oz. \$8.99
Mango icee, Strawberry icee, Banana, ice & Pineapple-Coconut juice
- 32) SIMPLY HEAVEN**
16 oz. \$7.99 / 32 oz. \$8.99
Pineapple-Coconut Juice, Rainbow Sherbert, Strawberries, ice & Strawberry icee
- 33) BERRY BREEZE**
16 oz. \$7.99 / 32 oz. \$8.99
Blueberry icee, Strawberry icee, ice & Apple Juice
- 34) FIVADAE**
16 oz. \$7.99 / 32 oz. \$8.99
Carrots, Banana, Strawberries, Cucumbers, Tomatoes, Guava Juice, Cherry, ice & Mango icee
- 35) OH, MY GOODNESS!**
16 oz. \$7.99 / 32 oz. \$8.99
Orange Juice, Mango icee & Ice Cream (no ice)
- 36) CLASSIC CHOCOLATE MILKSHAKE**
16 oz. \$7.99 / 32 oz. \$8.99
Chocolate Almond Milk, ice & Ice Cream
- 37) COFFEE LIFT**
16 oz. \$7.99 / 32 oz. \$8.99
Coffee, Almond Milk, ice & Ice Cream
- 38) SUMMER DELIGHT**
16 oz. \$7.99 / 32 oz. \$8.99
Lemon Juice, Strawberry icee, Fresh Strawberries, ice & Honey
- 39) FRUIT SPLASH**
16 oz. \$7.99 / 32 oz. \$8.99
Peach Juice, Mango icee, Blueberry icee, ice & Honey
- 40) SUPERNATURAL**
16 oz. \$8.99 / 32 oz. \$9.99
Fresh Kale, Bananas, Fresh Strawberries with alkaline water & ice

PLEASE NOTE: All drinks with an asterisk (*) next to them CONTAIN RAW EGG, AND/OR HAVE NOT BEEN PASTEURIZED AND THEREFORE MAY CONTAIN HARMFUL BACTERIA THAT CAN CAUSE SERIOUS ILLNESS IN CHILDREN, THE ELDERLY AND PERSONS WITH WEAKENED IMMUNE SYSTEMS

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- 41) **AVO-NANA-BERRY**
16 oz. \$7.99 / 32 oz. \$8.99
Fresh avocado, banana, strawberries
blended with Almond Milk & Ice
- 42) **GINGER KARMA**
16 oz. \$7.99 / 32 oz. \$8.99
Almond Milk, Vanilla Ice Cream, Crystallized
Ginger, Ice, & Honey
- 43) **JEWEL OF THE NILE**
16 oz. \$7.99 / 32 oz. \$8.99
Mint Leaves, Guava Juice, Lime Juice, Ice Cream, Ice
& Honey
- 44) **YES, WE CAN!!**
16 oz. \$7.99 / 32 oz. \$8.99
Organic raspberry lemonade, rainbow sherbert, ice, honey,
strawberries, mango icee & ice cream
- 45) **CHANGE NOW!**
16 oz. \$8.99 / 32 oz. \$9.99
Raw Spinach, Carrot Juice, Crystallized Ginger & ice
- 46) **AYANNA'S DREAM**
16 oz. \$7.99 / 32 oz. \$8.99
Guava Juice, Strawberries, Mango icee,
Ice Cream, ice & honey
- 47) **DETOX UP!**
16 oz. \$8.99 / 32 oz. \$9.99
Crystallized Ginger, Cucumber, Sprouts, Garlic, Spinach,
Kale, Cayenne Pepper & a Splash of Apple Juice
- 48) **THA LIP SMACKA**
16 oz. \$7.99 / 32 oz. \$8.99
Fresh Watermelon Juice, Strawberries, Lime Juice,
Rainbow Sherbert, honey & ice
- 49) **AWESOME RANDOMNESS**
16 oz. \$7.99 / 32 oz. \$8.99
Papaya Juice, Strawberries, Lime Juice, Rainbow Sherbert,
a Scoop of Ice Cream, honey & ice
- 50) **REFRESH**
16 oz. \$8.99 / 32 oz. \$9.99
Cucumbers, Kale, Spinach, Pineapple-Coconut Juice, Ice &
lite Honey
- 51) **OCEAN BLUE**
16 oz. \$6.99 / 32 oz. \$7.99
Blueberry Icee, Raspberry Lemonade, Crystallized Ginger,
Ice & a dash of Honey
- 52) **REVITALIZE**
16 oz. \$8.99 / 32 oz. \$9.99
Apple Juice, Orange Juice, Pineapple-Coconut Juice,
Crystallized Ginger, & Spicy Cayenne Pepper

53) REAWAKEN

16 oz. \$8.99 / 32 oz. \$9.99

Mint Leaves, Apple Juice, Turmeric Powder, Fresh Orange Juice, Fresh Sprouts & a dash of Crystallized Ginger

54) 1984 (RE-BIRTH)

16 oz. \$8.99 / 32 oz. \$9.99

Banana, Crystallized Ginger, Spinach, Pineapple-Coconut Juice or water & ice

55) AUSTIN-MARTIN

16 oz. \$7.99 / 32 oz. \$8.99

Apple Juice and Peach Juice, Two Bananas, Strawberries, Spinach (optional), & ice

56) B-HOLD REMIX

16 oz. \$8.99 / 32 oz. \$9.99

Chocolate Almond Milk, Banana, Ice Cream & Peanut Butter

COLD IRISH MOSS OR PINEAPPLE GINGER TONIC 16 oz. \$5.50

EXTRAS

Spinach \$0.75 (4 oz.), Kale \$1.50 (4 oz.),
Irish Moss \$3.00 (2 oz.), Wheat Germ \$1.20,
Bee Pollen \$1.20, Ginseng \$1.50,
Royal Jelly \$1.50, Crystallized Ginger \$1.50

HOOK UP 1

Ginseng, royal jelly - **\$2.20**

HOOK UP 2

Lecithin, wheat germ & bee pollen - **\$2.05**

COMPLETE HOOK UP

Wheat germ, bee pollen, ginseng, royal jelly
& lecithin - **\$4.05**

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